

**PUBLIC INFORMATION OFFICE** 

707 NORTH ARMSTRONG PLACE BOISE, ID 83704-0825 TEL. (208) 327-8639

FAX (208) 327-8500 www.cdhd.idaho.gov

Central District Health promotes wellness in our communities through education, prevention of disease and disability, and preservation of the quality of our environment.

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**Contact:** Dave Fotsch, Public Information Officer

(208) 327-8639 / Cell: (208) 871-1712

## VOLUNTEERS TO DELIVER MEALS ON WHEELS EASTER SUNDAY

In what has become an Easter tradition, a group of volunteers will be giving up part of their Easter Sunday to deliver hot meals to about 200 homebound elderly through the Meals On Wheels program. The volunteers will pick up the meals at 1:00 p.m. at the Boise Senior Activities Center, 690 Robbins Road, and then make their deliveries.

The special Easter Sunday meals will include savory baked ham in pineapple sauce, mixed vegetables, yummy potatoes, a dinner roll and milk, with cherry cheesecake for dessert. Currently there are about 46 volunteers signed up for Easter meal delivery, but program managers say they could use more because the number of Easter meal requests continues to grow. To volunteer for Easter meal delivery or to become a regular Meals On Wheels volunteer call Cheryl Johnson at 327-8552.

The Meals On Wheels program delivers more than 500 hot, nutritious meals to homebound elderly in Ada and Elmore counties every weekday. Easter meal delivery is made possible by the volunteer efforts of Central District Health staff and scores of other volunteers. For more information on the program please visit the CDHD website at <a href="https://www.cdhd.idaho.gov">www.cdhd.idaho.gov</a>.

**Editors Note:** Easter Meal Delivery will provide great visuals as volunteers brighten the day of homebound elderly with this special holiday delivery. To arrange for coverage opportunities please contact Dave Fotsch 327-8639 or by email at <a href="mailto:dfotsch@cdhd.idaho.gov">dfotsch@cdhd.idaho.gov</a>.